

# GINKG ENERGY SHAKE

With pea protein, Aloe, Coenzyme Q10 and Ginkgo

This nutritional shake, **GINKG ENERGY**, is developed with a high content in pea proteins and a low content in fat, thinking in the optimum nutritional intake so it provides a balanced proportion of macronutrients (proteins, carbohydrates and essential fatty acids) and micronutrients (such as vitamins, minerals and trace elements), apart from aloe, ginkgo and coenzyme Q10. It does not contain fructose, it is sweetened with stevia and it has coconut and cookie flavour.

The GINKG ENERGY shake is a source of vitamins A, D, E, C, B1, B2, B3, B6, B9, B12, Biotin and Pantothenic acid and minerals such as Calcium, Phosphorus, Magnesium, Potassium, Iron, Zinc, Copper, Manganese, Selenium, Chromium, Molybdenum and Iodide.

## USES

- To improve cholesterol and triglyceride levels and microcirculation both at brain and peripheral levels so it helps to prevent heart and cardiovascular diseases.
- For groups of people that have difficulties to have a complete and balanced nutrition and it is hard for them due to age, living alone, lack of time, no time to eat or eating out of home, etc. In Alzheimer or Parkinson disorders by contributing to the normal functioning of the nervous system.
- To contribute to the cell protection against the oxidative damage as are the ones that cause degenerative diseases.
- In the treatment of osteoporosis or bone fractures by helping the maintenance of the bones in normal conditions.
- To help decrease tiredness and fatigue both mentally and physically.
- To help to keep a healthy skin and to contribute to strengthen the natural defences against microorganisms apart from helping to the normal functioning of the immune system.

## MODE OF USE

Dissolve 50 g (2 filled dose spoons) of the mixture in 400 ml of vegetal drink or water and drink it in small sips as a meal substitute to control weight or as a food supplement.

As it is a concentrated and very nourishing product it is recommended a daily intake of water of two liters or more.

## WARNINGS

Keep in a fresh and dry place.

Over time the product could present slight variations in the color or taste that do not affect its quality, it could also weigh down without decreasing its effectiveness.



600 g container – Coconut & Cookies (ref. 2077)

## FORMULA (Ingredients)

Maltodextrin, pea protein, mineral complex, fructooligosaccharides (90% inulin), thickener (guar gum), cookie flavour, Garcinia cambogia dry extract (fruit), coconut flavour, vitamin complex, soya lectin, sweetener (steviol glycoside), Ginkgo Biloba dry extract (leaves), Vitamin E acetate, Coline, Inositol Aloe vera 200:1 powder (leaves), Vitamin A Retinol acetate, Coenzyme Q10.

## DID YOU KNOW THAT...?

*Ginkgo biloba can live up to 2500 years and it is one of the oldest alive organisms of the Earth. It is an alive fossil as it has hardly changed over the past 270 million years even before flowers and dinosaurs would appear.*

*Ginkgo biloba is the only tree that does not have at present any alive relative, it is the only one in its species. In Japan it is considered an alive symbol, as it survived the Hiroshima atomic bomb.*

Tabla de valor nutricional	100 g.	50 g.
Valor energético:	1540 Kj / 364 Kcal.	770 Kj / 182 Kcal.
Grasas	2,20 g	1,10 g
--- de las cuales saturadas	0,38 g	0,19 g
Hidratos de carbono	61,50 g	30,75 g
--- de los cuales azúcares	3,33 g	1,67 g
Proteínas	24,50 g	12,25 g
Sal	2,75 g	1,38 g
<b>Vitaminas y minerales</b>	<b>100 g.</b>	<b>50 g.</b>
	<b>VRN %</b>	<b>VRN %</b>
Vitamina A (acetato de retinilo)	800 µg. 100	400 µg. 50
Vitamina D (colecalciferol)	5 µg. 100	2,5 µg. 50
Vitamina E (d-alpha-tocopherol)	12 mg. 100	6 mg. 50
Vitamina C (ácido L-ascorbico)	80 mg. 100	40 mg. 50
Vitamina B1 (clorhidrato tiamina)	1,1 mg. 100	0,55 mg. 50
Vitamina B2 (riboflavina)	1,4 mg. 100	0,70 mg. 50
Niacina (nicotinamida)	16 mg. 100	8 mg. 50
Vitamina B6 (clorhidrato piridoxina)	1,4 mg. 100	0,7 mg. 50
Ácido fólico	200 µg. 100	100 µg. 50
Vitamina B12 (cianocobalamina)	2,5 µg. 100	1,25 µg. 50
Biotina	50 µg. 100	25 µg. 50
Ácido Pantoténico	6 mg. 100	3 mg. 50
Calcio (fosfato y carbonato)	394 mg. 49,25	197 mg. 24,62
Fósforo (fosfato sódico y tricalcico)	331 mg. 47,28	165,5 mg. 23,64
Hierro (citrato amoniacal)	9,6 mg. 68,6	4,8 mg. 34,3
Zinc (gluconato)	4,8 mg. 48	2,4 mg. 24
Cobre (gluconato)	0,70 mg. 70	0,35 mg. 35
Manganeso (gluconato)	0,62 mg. 31	0,31 mg. 15,5
Selenio (sódico)	33 µg. 60	16,5 µg. 30
Cromo (picolinato)	43 µg. 107,5	21,5 µg. 53,75
Molibdeno (emano molibdeno)	25 µg. 50	12,5 µg. 25
Yodo (polásico)	76 µg. 50,66	38 µg. 25,33
RN: valores de referencia de nutrientes por el reglamento Europeo de información al consumidor. REGLAMENTO Nº 1169 / 2011 sobre la información alimentaria facilitada al consumidor.		
<b>Composición de otros nutrientes</b>	<b>50 g.</b>	<b>100 g.</b>
Fructooligosacáridos (90% Inulina)	1500 mg	3000 mg
Sodio	550 mg	1100 mg
E.S. Garcinia Cambogia	250 mg	500 mg
Lecitina de soja	100 mg	200 mg
E.S. Ginkgo Biloba	16,5 mg	33 mg
Colina	7,5 mg	15 mg
Inositol	5 mg	10 mg
Jugo concentrado 200:1 Aloe Vera	4 mg	8 mg
Coenzima Q10	2 mg	4 mg